

(Instituted 1924 - 1925)

Officials for Season 1962 - 1963.

- President A. Falconer, Edinburgh Athletic Club.
 Vice President J. Dickson, George Heriot School.
 Secretary and Treasurer. G. K. Aithie, 10 Monktonhall Terrace, Musselburgh
 Judges. From Presidents of the Competing Clubs.
 Time Keepers G. Mackenzie, W. Dempsey, D.A. Jamieson, J.T. Mitchell, M. Stewart, R. Robertson, W. Orr and C. Crawford.
 Recorders. E. Stenhouse, I. Ross, A.N. Crosbie, R. Sinclair, P. Addison, W. Carmichael, J. Henderson, G. Graham and G.K. Aithie.
 Referees (1) W. Carmichael, (2) J. Bannatyne. (3) T. Stillie.
 Chief Trail (1) E.A.C. (2) E.S.H. (3) T.H.
 Trail Stewards At least one from each Club must report to the Chief Trail Steward.

The Starters have been appointed as follows:-

- (1) P. Moonie Esq., Manager, Newcraighall Pit. (2.45.p.m.
 (2) E.S.H. Club President (prompt
 (3) Prov. J. Henderson, Hawick. (

Date of Events.	Venue	Distances	Trail.
(1) 13th October	Newcraighall	4 Miles (a) (b)	E.A.C.
(2) 1st December 1962	Pit Baths (c) Fernieside	5 Miles (A- (b)	E.S.H.
(3) 26th January 1963	Hawick (d)	6 Miles (a) (b)	T.H.

CLUBS TO PROVIDE NUMBERS FOR THEIR RUNNERS AS FOLLOWS:-

No. 1. E.A.C.	No. 4. T.H.	No. 10 EUH&H.	No. 17
No. 2. P.A.A.C.	No. 6. KYMCA	No. 12 HCCC	GHS
No. 3. E.S.H.	No. 7. H.M.S. Cal.	No. 16 L.S.	

- (a) League Race, also for Youths, Distance not less than 2 or more than 3 Miles, under E.D.C.C. League Rules, except that the first three runners only in each team count in the scoring.
 (b) League Race also for Boys. Distance not less than 1½ or more than 2 Miles under E.D.C.C. League Rules, except that the first three runners in each team count in the scoring.
 (c) No. 2. Bus from Haymarket or Surgeons Hall
 (d) Clubs to make own travel arrangements.
 (e) No. 33 Bus from Haymarket or Waverley.

Youths Section. 16 years of age or over but under 18 years of age on 1st October 1962.

Boys Section. 14 years of age or over but under 16 years of age on 1st October 1962.

Junior Boys. 12 years of age or over but under 14 years of age on 1st October, 1962.

On 13th October a trail will be made of running a race, distance approximate 1 mile for this age group and will be run immediately the Senior Race starts.

Particulars of the first 12 arrivals to be taken.